

# Teaching and Learning at Chapel High School

Positive study habits-what can I do to  
support my child's home learning?



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# Teaching and Learning at Chapel High School

## Positive study habits

Why worry about study habits in year 7?

What are positive study habits?

How can I encourage and support them?



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**Why** do I need to support positive study habits at home?

Times have changed!

25 years ago.....



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# NOW

THAT'S WHAT I CALL MUSIC!

# 1993



POSTERS: EAST

# SM



# BAYWATCH



roll up, roll up!

# madonna

THE GREATEST "SHOW" ON EARTH!

**PLUS!**  
NIRVANA  
FRESH PRINCE  
CHARLIE SHEEN  
ROBERT SEAN  
LEONARD PRINCE

**SPECIAL SOUVENIR TOUR LIFFOUT!**

**WIN!** Loads of brilliant Madonna goodies!

◆ NEW KIDS TALK *ONLY* TO US INSIDE! ◆






# Times have changed!

I'll get away with  
some last  
minute  
revision....

## 25 years ago.....



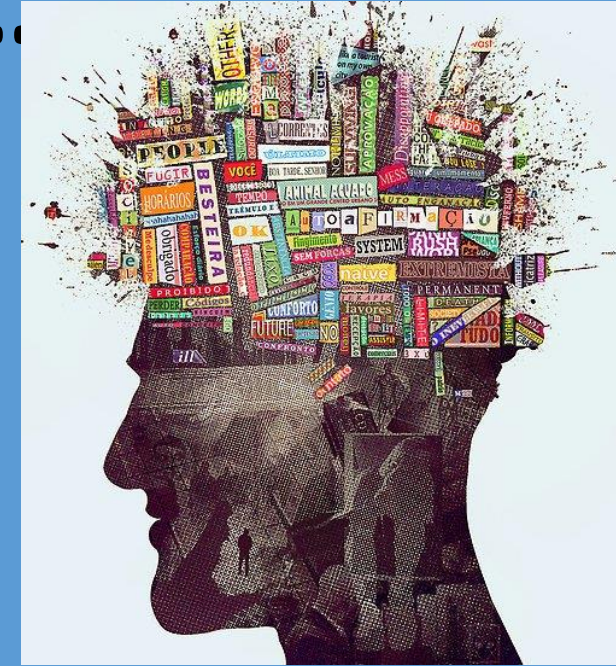
- GCSEs were graded on a letter scale, from **A to G**, with a C being set as roughly equivalent to an O-Level Grade C
- About two-thirds of 16 year olds in the early 1990s were taking GCSE courses that had **no examinations**.
- Many subjects had a **50% or 60% coursework** element  
(cramming might have worked!)



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# Fast forward to year 11 in 2023.....

- TOTAL NUMBER OF EXAM 'sittings' – 22
- TOTAL EXAM LENGTH - 33 HRS



The 'linear' exam system means that very few GCSE courses have a 'non exam assessed' component.



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# Research evidence suggests:



Your brain is like a  
forest.  
The memory is in there somewhere.

You're here.  
The memory is over  
there.



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# Home learning plays a vital part in keeping the path 'clear'...

**The more times you make a path to that memory, the better the path is.**

**So the next time you need to find the memory, it's going to be easier to find.**



- Reviewing learning
- Repeating-
- Revising regularly



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# Why are positive home study habits important?

It's a five year learning journey!

- 'She's got her GCSE exams in May and it's really hard work to get her to see she needs to revise!'
- It's about building on primary school and then establishing POSITIVE STUDY HABITS from year 7
- Fostering independence
- Developing resilience and avoiding anxiety and stress when the going gets tough
- It's just part of the 'normal' routine!



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# What are positive home study habits?

- Organisation and time management
- Understanding expectations
- Reviewing and revisiting learning that has taken place in the school day

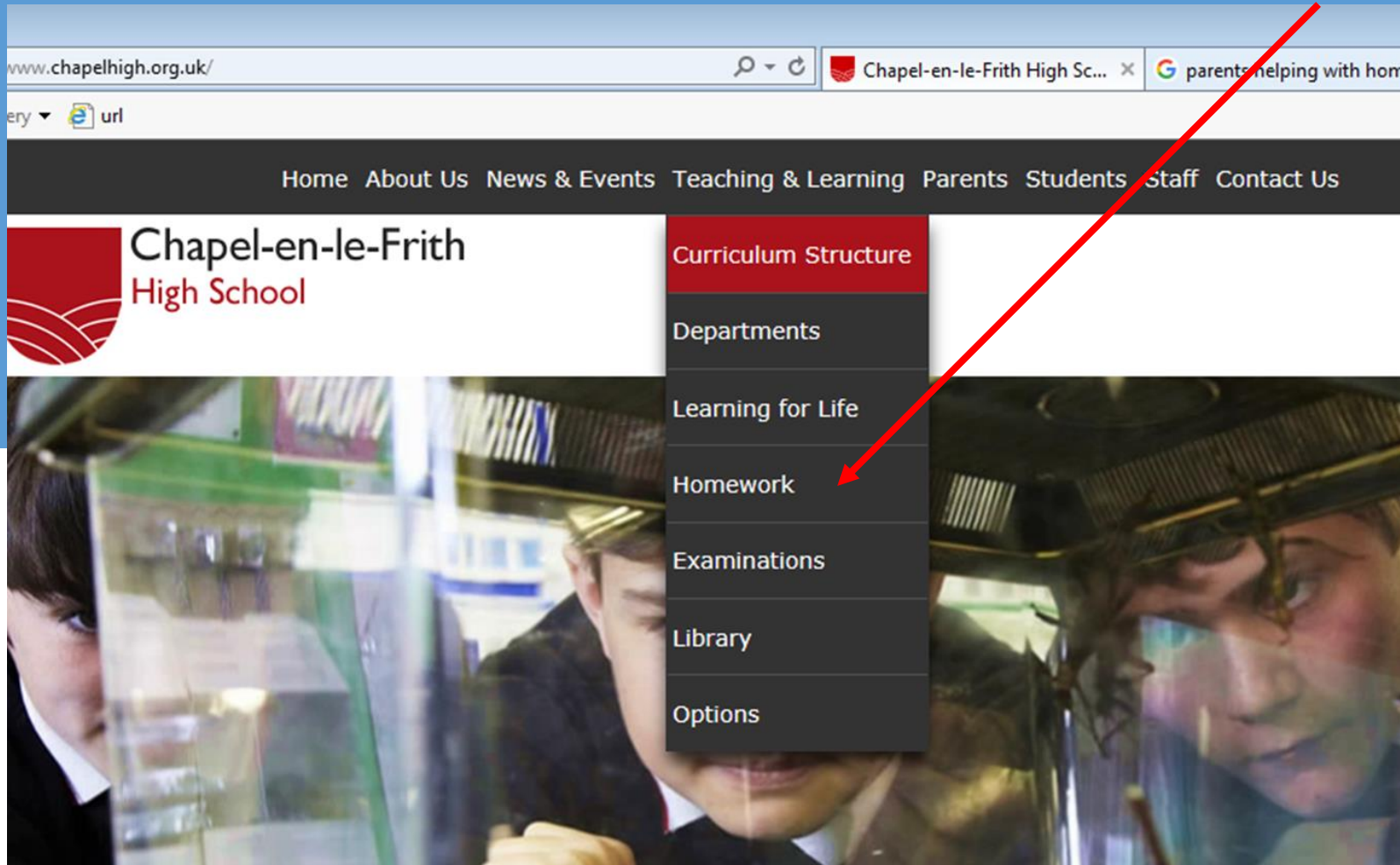




# How?

## Understanding expectations

- Homework statement/ethos and links to website about reviewing learning habits
- Homework rota



# How?

## Understanding expectations

On a practical level: keep up to date!



### Welcome

Five years ago we set ourselves a challenge: to match the achievements of the best schools in the country, without losing the friendly, supportive and inclusive ethos that has always made this school so special. That isn't an easy balance to strike, but with student progress now consistently well above national average, with an "outstanding" judgement from Ofsted in March 2016, and with exceptional progression rates to further education and training, we believe that we are giving our students a great foundation for the future.

We are always delighted to welcome visitors, please contact us if you would like to arrange a visit or would like to learn more about our work.

Simon Grieves, Headteacher.

- Prospectus
- Parent Insight
- Email
- Staff SIMS
- Student VLE
- Show My Homework
- Citrix Gateway
- Weather Station



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Subject	Teacher	TA1	Aim High Grade	Behaviour in Lessons	Desire to Learn
English	Mrs S. Wilson	5	7		
Maths	Mr P. Hall	7	8		



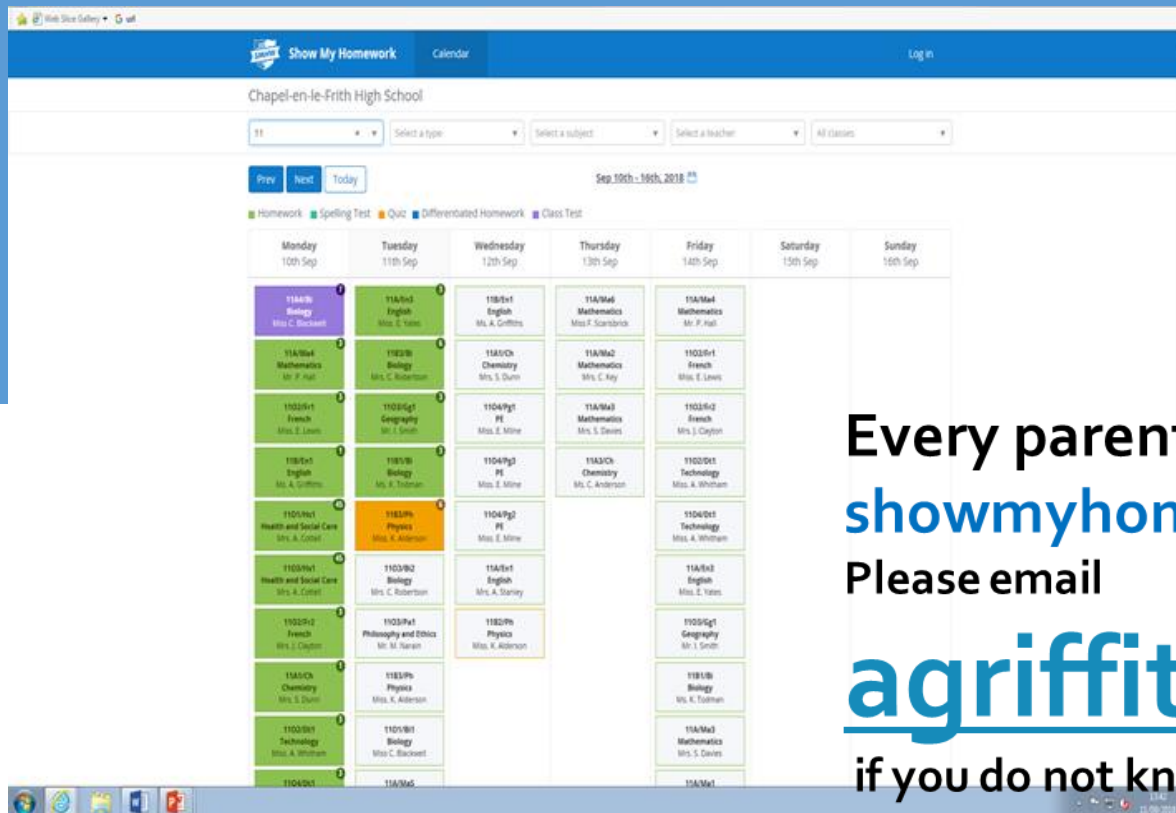
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# How?

## Understanding expectations

On a practical level: keep up to date with Show my Homework



Every parent has a pin code to log in.

[showmyhomework.co.uk/signup](http://showmyhomework.co.uk/signup)

Please email

[agriffiths@chapelhigh.org.uk](mailto:agriffiths@chapelhigh.org.uk)



if you do not know your code.



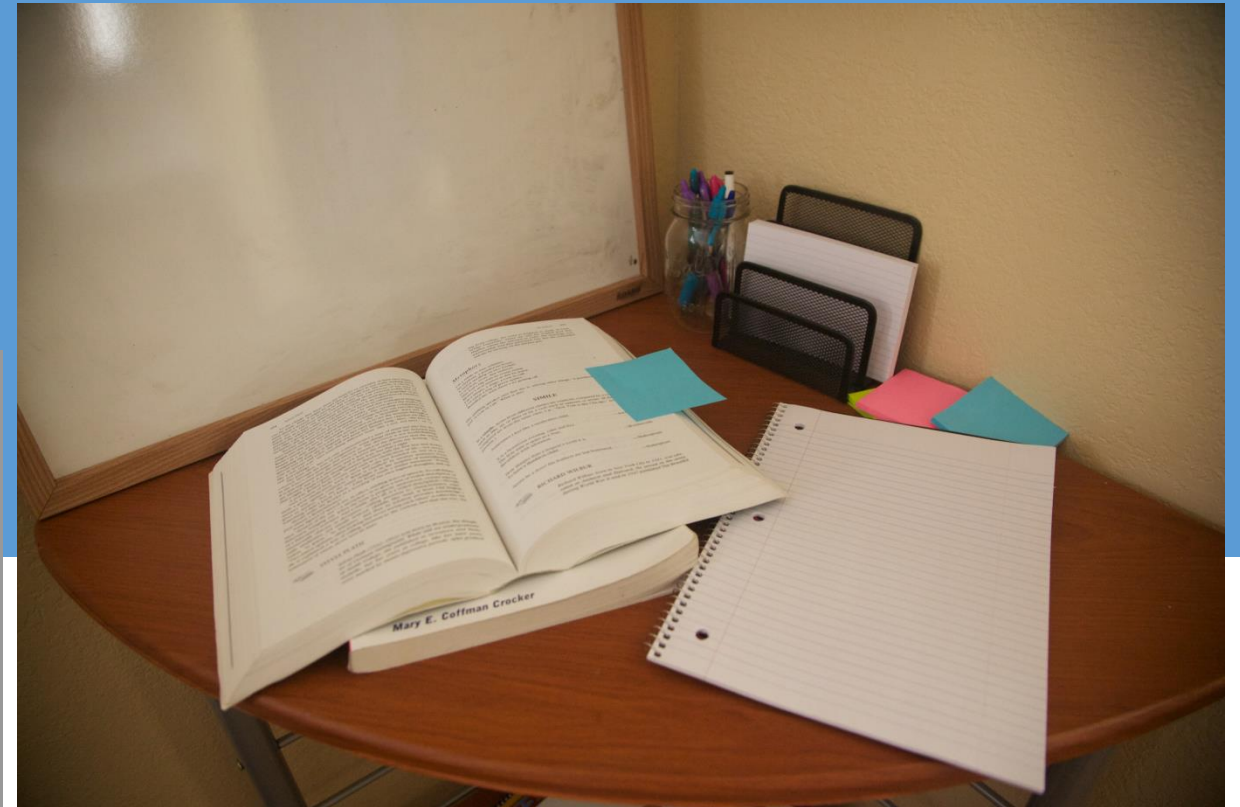
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# How?

## Organisation and time management

 **Revision Planner** 

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
Afternoon							
Evening							



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# How?

## Organisation and time management

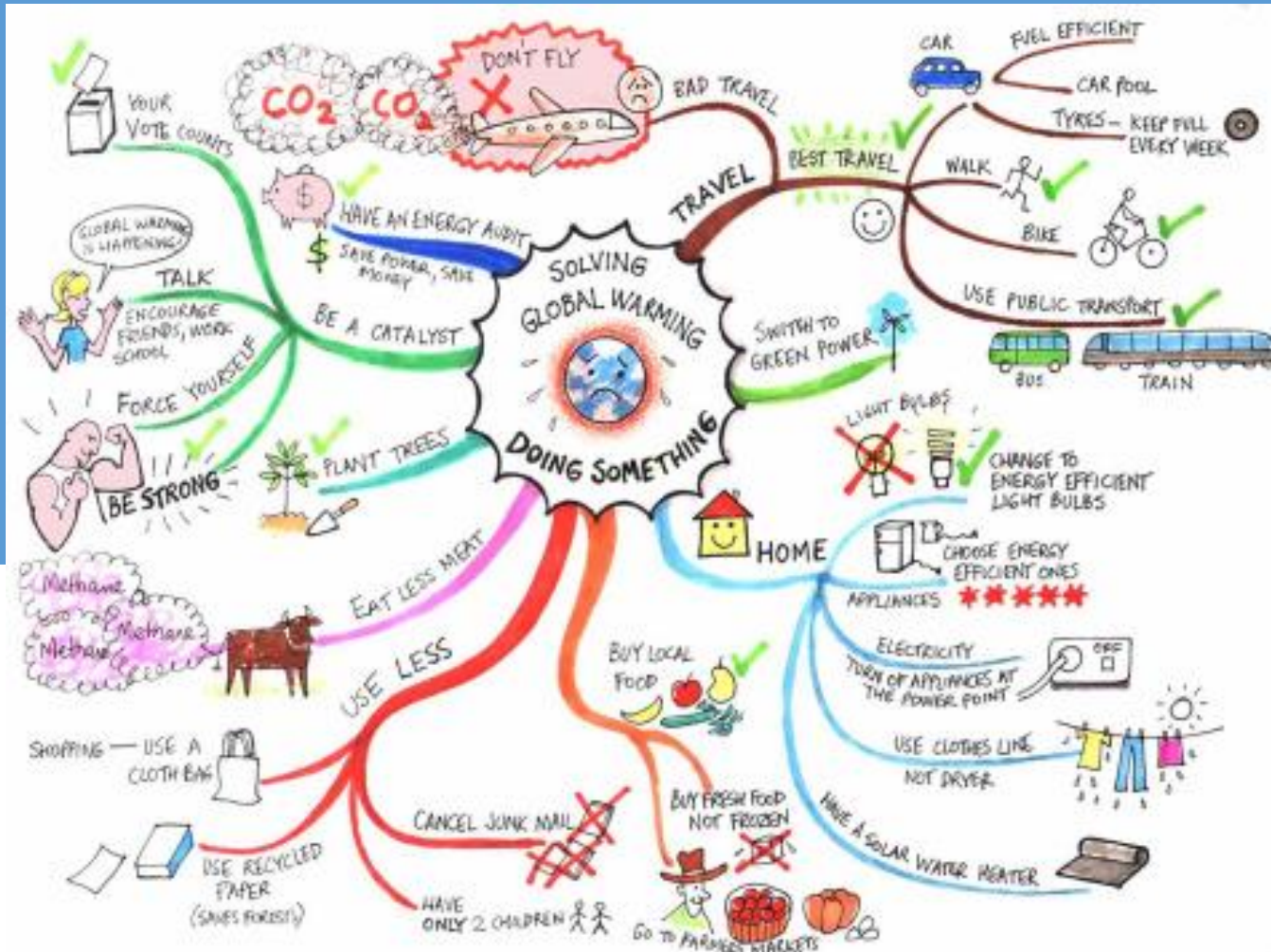
- A3/A4 sheets of paper
- Alarm clock / watch
- Calculator
- Calendar / Wall planner
- Coloured pencils
- Diary
- Felt pens / Sharpies
- Folders/ files
- Highlighter pens
- Index cards / revision cards
- Notebooks
- Pinboard
- Post it notes



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# How?

Reviewing learning-some techniques to use with your child.



Mind mapping

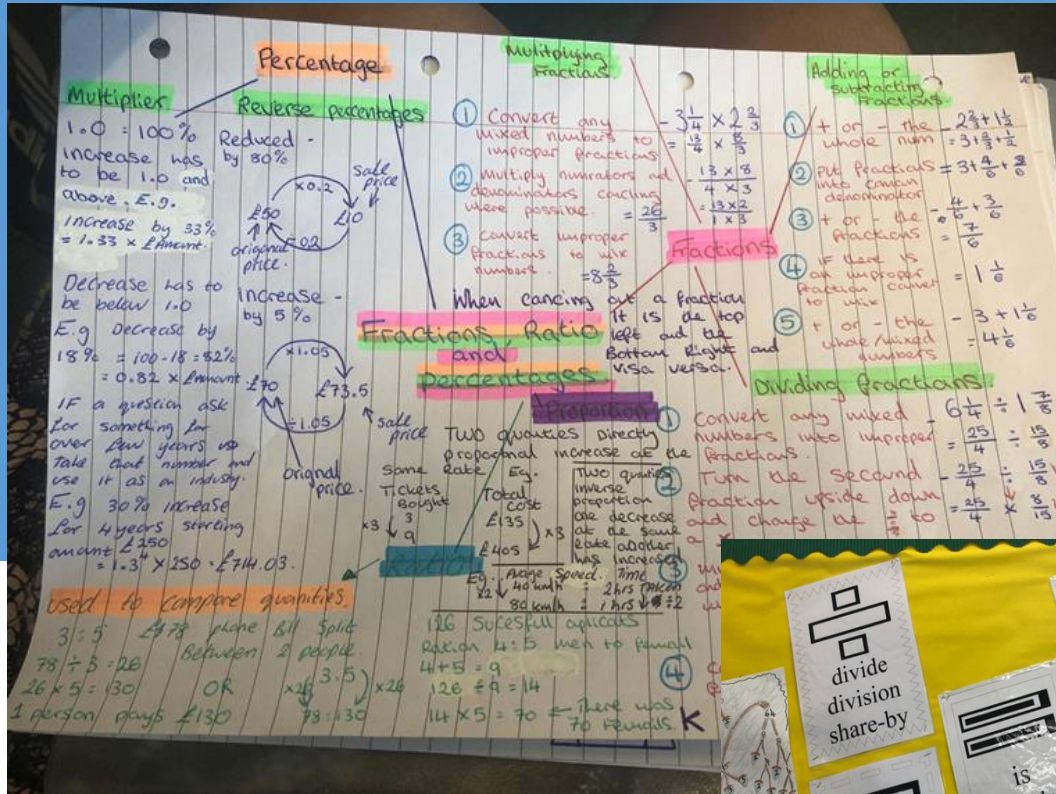


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# How?

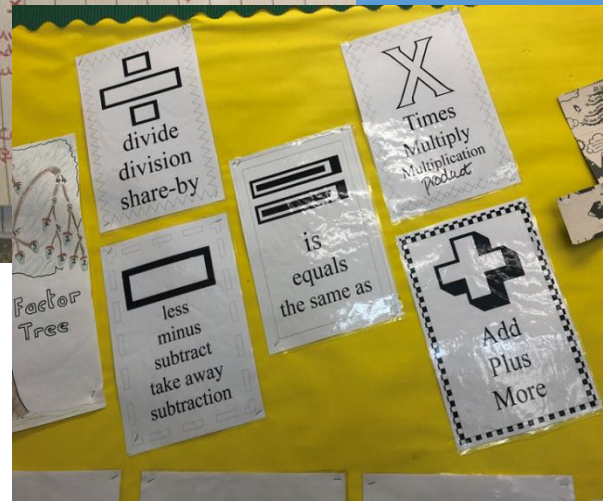
## Reviewing learning-some techniques to use with your child



Highlighting key words

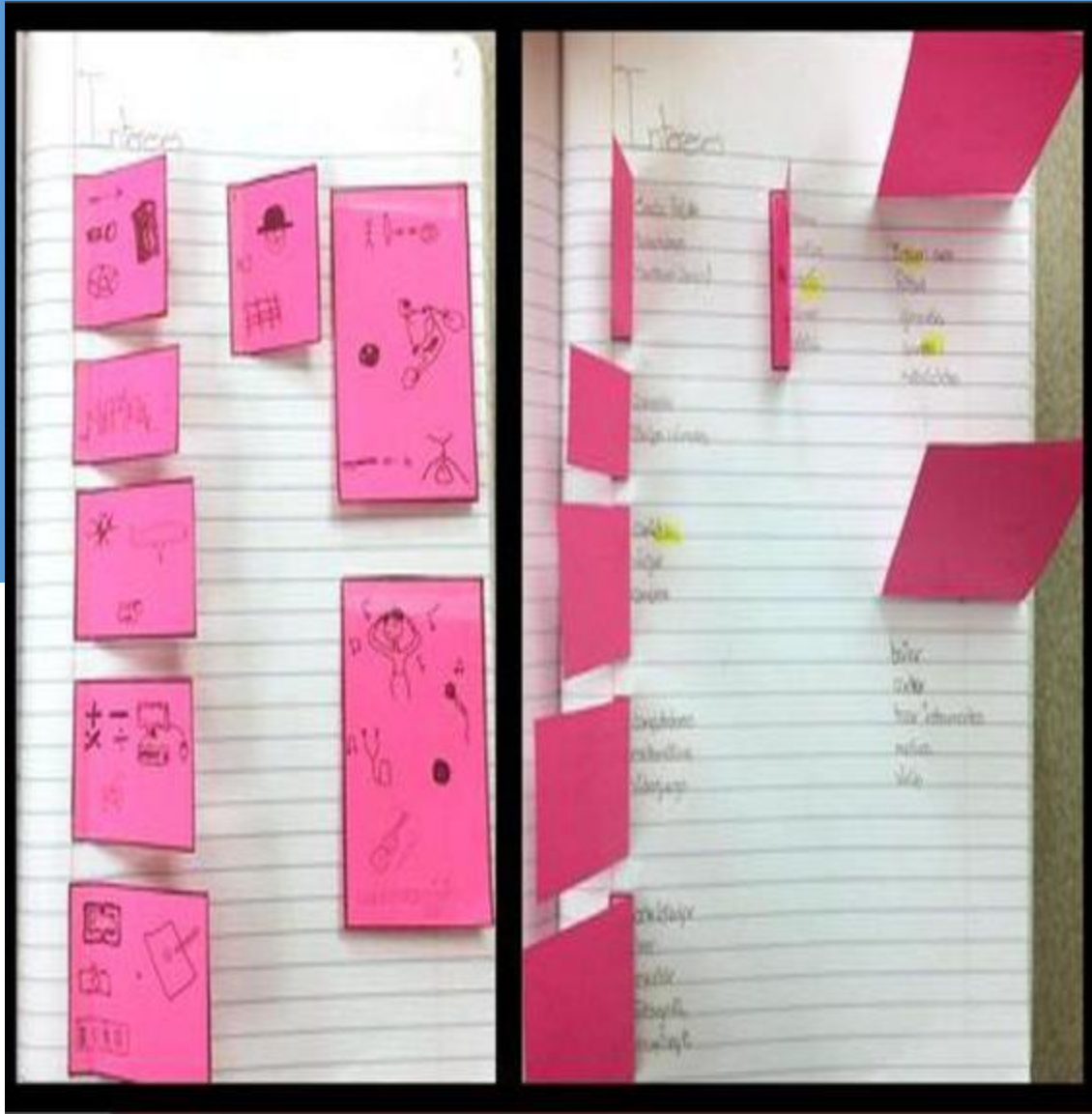
Practising spelling

Using in context



# How?

## Reviewing learning-some techniques to use with your child



### Self quizzing-reviewing the learning

- Read through exercise books
- Set ten questions –on cards/post it notes or in a ‘self quizzing’ notebook
- Try to answer the questions the next day/next week
- Get parents to ask the questions-prize for correct answers?
- Get involved-can you answer them??!



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- Establish positive study and revision habits
- Promotes independence-it's their homework (not yours!)
- Reduces the homework 'battle'
- Becomes part of the normal routine
- Helps to keep the 'knowledge path' clear
- Supports good mental health-promotes consistency and reduces anxiety and stress



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